

Mental Health Resources

Memorial Epworth Center
420 N. Niles Ave.
South Bend, IN 46617
574-647-8400

Beacon Medical Group Behavioral Health
707 N. Michigan St. Suite 400
South Bend, IN 46601
574-647-8470

Bowen Center
2621 E. Jefferson
St. Warsaw, IN 46580
1-800-342-5653

Michiana Behavioral
Health Center
1800 N. Oak Dr.
Plymouth, IN 46563
574-936-3784-then press 4

Oaklawn Psychiatric Ctr.
415 E. Madison St.
South Bend, IN 46617
574-283-1234

Oaklawn Psychiatric Ctr.
2600 Oakland Ave.
Elkhart, IN 46517
574-533-1234

National Alliance for Mental Illness (NAMI)
Free Support & Education
St. Joseph County:
574-259-3564
Elkhart County:
574-259-3564 (574) 215-1146

Samaritan Counseling Ctr. Adults &
Children Sliding Fee
574-277-0274

Life Treatment Center
1402 S. Michigan St.
South Bend, IN 46613
574-233-5433

Riverwood Community Mental Health
Outpatient Clinic
115 St. Joseph Ave.
Niles, MI 49120
269-684-4270

Season Counseling Center of Michiana
17195 Cleveland Rd.
South Bend, IN 46635
574-277-0274

Mosaic Health & Healing Arts
330 Lakeview Dr.
Goshen, IN 46528
574-537-2680

Wright Directions
10 E. Jefferson Blvd Ste. 310
South Bend, IN 46601
574-383-5859

Community Healing Centers
1225 S. Eleventh St.
Niles, MI 49120
269-684-7741

Riverbend Cancer Services
516 E. Jefferson Blvd.
South Bend, IN 46615
574-287-4197

National Suicide Prevention Lifeline
1-800-273-TALK (8255)
1-800-SUICIDE (784/2433)

SOS Crisis Line Advocacy & Crisis
Intervention for victims of sexual assault,
rape and domestic violence
574-289-HELP (4357)

Family Justice Center
Domestic Violence Ctr.
574-234-6900

YWCA Women's Shelter
Domestic Violence Services
574-233-9491

Dolly's House Women's Shelter
574-674-9462

St. Margaret's House Women's Shelter
574-234-7995

Center for the Homeless
813 S. Michigan St.
South Bend, IN 46601
574-282-8700

AARC
818 E Jefferson Blvd
South Bend, IN 46617
574-234-6024

Recovery Journey Inc.
2851 E. Bristol St. Ste. B
Elkhart, IN 46514
574-264-5840

United Health Services
6910 N. Main St. #9
Granger, IN 46530
574-247-6047

Center for Positive Change
611 Lincolnway East
South Bend, IN 46601

University of Notre Dame
Counseling Center
574-631-7336

Center for Problem Resolution
211 S. Fifth St.
Elkhart, IN 46516
574-294-7447

A New Beginning
211 E. Washington St.
Goshen, IN 46528
574-534-5778

Brighter Tomorrows, Inc.
310 N. Michigan St.
Suite 208
Plymouth, IN 46563
574-935-9449

Crossroads Counseling
2319 Edison Rd.
South Bend, IN 46615
574-233-4183

Adult Rehabilitation Center
(Salvation Army)
2012 Ironwood Circle
Suite 200
South Bend, IN 46635
574-807-8690

The LGBTQ Center Support for Lesbian,
Gay, Bisexual, Trans & Questioning
574-234-1411

Trevor Lifeline
For LGBTQ people in crisis
1-866-488-7386

Vets4Warriors
1-855-838-825

Zarandona Counseling and
Assessment Services LLC
120 S. Taylor St.
South Bend, IN 46601
574-999-3636

Reflections Counseling
3220 E. Jefferson Blvd.
South Bend, IN 46615
574-222-2466

Bethel University
Counseling Services
574-807-7370

Goshen College
Counseling Services
574-535-7541

Indiana University South Bend
Counseling Center
574-520-4125